

Over 300 seventh and eighth graders at the five Lumen Christi Catholic Schools have learned to save a life, thanks to the American Heart Association (AHA) CPR in Schools Program.

Upon hearing of a quick thinking bystander saving the life of a local teen, Lumen Christi administration and staff realized the importance of preparing their students for similar CPR emergencies and turned to the AHA for assistance.

The AHA believes that teaching students CPR will increase the chance of survival for cardiac arrest victims. CPR training for students introduces and reinforces the importance of recognizing the signs of a possible cardiac arrest; calling 911; and providing high quality chest compressions with minimal interruptions. Training should also include an awareness of the purpose of an automated external defibrillator (AED). Lawmakers in 27 states have enacted legislation requiring all students to learn CPR prior to their high school graduation.

The American Heart Association provided two additional CPR training kits to Lumen Christi Catholic Schools as a result of the overwhelming response and success of the Hands Only CPR Program. Graduates of Lumen Christi Catholic Schools are prepared to be good citizens and productive members of their communities, and now they are being prepared to save lives with the help of the American Heart Association CPR in Schools.

If your school would like to utilize the AHA Hands Only CPR Program, please contact Lumen Christi Catholic Schools at [330-788-6106](tel:330-788-6106).